

MILLERSVILLE WOMEN'S INDOOR TRACK & FIELD RECORDS

MILLERSVILLE INDOOR TOP TENS

55-Meter Dash

1. Erika Smith	7.23	2000	-
2. Kiara Allen	7.27	1/16/15	Kutztown
3. Savena Pyett	7.28	1983	-
4. Christina Carpenter	7.30	3/1/04	East Stroudsburg
5. Brittany Yanora	7.34	2/19/11	Susquehanna
6. Richelle White	7.37	1987	-
7. Kayla Naughton	7.41	1/16/15	Kutztown
8. Erin Mason	7.42	1/17/14	Kutztown
9. Katherine Lennex	7.59	2/19/11	Susquehanna
10. Lizzie Woodall	7.60	2/1/86	Navy

60-Meter Dash

1. Kiara Allen	7.53	3/15/15	Birmingham Crossplex (NCAA)
2. Aasly De Leon	7.64	3/1/25	Lehigh (PSAC)
3. Destinee Holloman	7.66	2/29/20	Edinboro (PSAC)
4. Courtney Ingold	7.73	2/24/18	Edinboro (PSAC)
5. Aurora Conrad	7.80	2/26/22	Edinboro (PSAC)
6. Emonie Reviere	7.82	2/23/19	Edinboro (PSAC)
7. Brittany Yanora	7.83	12/10/10	Lehigh
8. Emma Elwell	7.87	2/26/22	Edinboro (PSAC)
9. Erin Mason	7.90	12/7/13	Lehigh
10. Chanel Hercules	7.95	3/1/25	Lehigh (PSAC)
Darian Hauf	7.95	2/9/24	Lehigh (PSAC)

55-Meter Hurdles

1. Carol Forry	8.44	1989	-
2. Erin Madison	8.54	1/17/14	Kutztown
3. Michele Frayne	8.59	2/27/09	East Stroudsburg
4. Arianna Camel	8.63	1/16/15	Kutztown
5. Leequan Ray	8.80	1995	Rutgers
6. Carol Aldinger	8.88	1/28/89	Navy
7. Lizanne McNally	9.00	2/1/86	Navy
8. Madie Tropp	9.10	2/10/16	Kutztown
9. Leslie Hutchinson	9.23	2004	-
10. Jess Rhyner	9.28	2/19/10	Susquehanna

60-Meter Hurdles

1. Arianna Camel	8.86	2/24/18	Edinboro (PSAC)
2. De'Asia Holloman	8.91	2/29/20	Edinboro (PSAC)
3. Katelyn Murphy	8.95	3/1/25	Lehigh (PSAC)
4. Erin Madison	9.04	2/20/16	Susquehanna
5. Madie Tropp	9.27	2/28/17	Edinboro
6. Sabela Zablackis	9.31	3/1/25	Lehigh (PSAC)
7. Lily LaBure	9.50	3/1/25	Lehigh (PSAC)
8. Kari Cambria	9.51	2/29/20	Edinboro (PSAC)
9. Kaitlin Moyer	9.56	2/29/20	Edinboro (PSAC)
10. Victoria Massoom	9.71	2/21/25	Penn State

200-Meter Dash (converted to 200 flat track)

1. Brittany Yanora	25.44	2/12/11	Bucknell
2. Erin Mason	25.69	3/1/14	Bucknell
3. Courtney Ingold	25.73 (25.32)	2/24/18	Edinboro (PSAC)
4. Aasly De Leon	25.73	3/1/25	Lehigh (PSAC)
5. Kayla Naughton	25.84	1/31/14	Bucknell
6. Aurora Conrad	25.93 (25.69)	2/10/24	OceanBreeze (Staten Island)
7. Christina Carpenter	25.94	2004	-
8. Erin Madison	25.96	2/20/16	Susquehanna
9. Emonie Reviere	26.03 (25.79)	2/23/18	Edinboro (PSAC)
10. Kiara Allen	26.07 (25.66)	3/1/15	Edinboro (PSAC)

400-Meter Dash (converted to 200 flat track)

1. Kayla Naughton	57.97	3/1/14	Bucknell
2. Erin Madison	58.27	3/1/14	Bucknell
3. Jillian Sydnor	58.60	3/1/25	Lehigh (PSAC)
4. Brittany Yanora	58.60 (57.68)	1/15/10	168th Armory
5. Clara Forney	58.74 (57.82)	2/24/18	Edinboro (PSAC)
6. Aubrey Sydnor	58.89	2/25/23	Bucknell
7. Lenaiya Flowers	59.22 (58.30)	2/24/18	Edinboro (PSAC)
8. Aniya Gibbs	59.39 (58.47)	3/1/15	Edinboro (PSAC)
9. Shelby Derkosh	59.14	3/1/25	Lehigh (PSAC)
10. Beth Fry	59.54	2/25/07	East Stroudsburg

500-Meter Dash

1. Erin Madison	1:18.84	2/9/13	Bucknell
2. Madie Tropp	1:25.77	1/27/17	Bison Open
3. Millie Davis	1:27.05	1/27/17	Bison Open

800-Meter Run (converted to 200 flat track)

1. Priscilla Jennings	2:12.75	2/21/09	Susquehanna
2. Jo Rupp	2:17.50	1995	Rutgers
3. Joyce VanGinhoven	2:18.60	1983	-
4. Cora Heilman	2:20.25	3/1/25	Lehigh (PSAC)
5. Brittney Martin	2:20.78	2/18/12	Princeton
6. Brittany Zuver	2:21.78	2/25/07	East Stroudsburg
7. Abbey Sullivan	2:22.73	2/5/22	Alvernia
8. Kathi Wenrich	2:22.4	2/8/88	Delaware
6. Yonagelys Rijo-Cedeno	2:33.55 (2:21.52)	2/29/20	Edinboro (PSAC)
8. Morgan Janiuk	2:23.66 (2:21.87)	2/11/22	Ocean Breeze Complex

1-Mile Run (converted to 200 flat track)

1. Priscilla Jennings	4:52.95	3/15/09	Mankato, Minn. (NCAA)
2. Elicia Anderson	5:02.54 (5:06.41)	1/15/11	168th Armory
3. Jenny Foster	5:15.24	1981	Delaware
Jo Rupp	5:15.24	1994	-
5. Bri Pollock	5:15.66	12/7/24	Bucknell
6. Morgan Janiuk	5:15.97	2/18/24	Lehigh (PSAC)
7. Emily Francisco	5:17.21	1/29/11	Bucknell
8. Rachel Hull	5:17.41	3/1/08	East Stroudsburg
9. Brittney Zuver	5:18.64	1/31/09	Bucknell
10. Hannah Sweda	5:18.51	2/10/24	Ocean Breeze Complex

3,000-Meter Run (converted to 200 flat track)

1. Elicia Anderson	9:55.40	1/28/12	Bucknell
2. Kellie Boozer	10:13.74	1991	-
3. Nancy Hartley	10:17.44	2/8/88	Delaware
4. Priscilla Jennings	10:21.23	1/17/09	Susquehanna
5. Emily Francisco	10:24.72 (10:31.97)	1/15/11	168th Armory
6. Bri Pollock	10:29.54	2/7/25	Ocean Breeze (Staten Island)
7. Hannah Sweda	10:29.28 (10:24.63)	12/1/23	Bucknell
8. Kelly Pelovitz	10:30.43	1994	Southern Conn.
9. Abbey Daley	10:30.97	3/1/15	Edinboro
10. Mary Zerby	10:31.94	1992	ECAC

5,000-Meter Run (converted to 200 flat track)

1. Elicia Anderson	16:46.81	2/27/11	Edinboro (PSAC)
2. Kellie Boozer	17:47.11	1991	-
3. Kelly Sprout	17:56.24	1985	-
4. Emily Francisco	17:57.20 (18:08.75)	2/27/11	Edinboro (PSAC)
5. Nancy Hartley	18:14.70	1/28/89	Navy
6. Priscilla Jennings	18:18.44	1/27/07	Franklin & Marshall
7. Shannon Cruz	18:19.59	3/1/2014	Bucknell
8. Samantha Mulvey	18:19.65	3/1/08	East Stroudsburg
9. Jessica Leddy	18:25.81	3/1/08	East Stroudsburg
10. Hannah Sweda	18:20.95	2/18/24	Lehigh (PSAC)

MILLERSVILLE WOMEN’S TRACK & FIELD RECORDS

4x200-Meter Relay			
1. Reviere, Flowers Forney, Ingold	1:45.05	2/3/18	Susquehanna
2. Allen, Mason, Naughton, Meyer	1:46.69	2/15/13	Susquehanna
3. Madison, Allen Naughton, Mason	1:46.92	2/22/14	Susquehanna
4. Holloman, Holloman Karch, Reviere	1:47.89	1/25/20	Franklin & Marshall
5. Yanora, Frayne Geesey, Fry	1:47.94	2/3/07	East Stroudsburg
6. Elwell, Holloman Sydnor, Skidmore	1:48.71	1/21/23	Franklin & Marshall
7. Purdy, McDevitt, Chaundy, Needham	1:49.37	1992	-
8. Elwell, Sydnor Coons, Patterson	1:49.68	2/3/24	Alvernia
9. Conrad, Lesinski Fallows, Patterson	1:49.70	1/15/22	Franklin & Marshall
10. Carson, Kouakou, Skidmore, Dohalick	1:49.75	1/15/22	Franklin & Marshall
4x400-Meter Relay			
1. Meyer, Mason Madison, Naughton	3:55.60	3/1/14	Bucknell
2. Madison, Mason, Naughton, Martin	3:57.94	2/1/14	Bucknell
3. Pomraning, Pyett, VanGinhoven, Hein	3:59.10	1984	-
4. Mason, Gibbs, Madison, Naughton	3:59.24 (3:55.47)	2/8/14	Spire Institute
5. Derkosh, Sydnor, Sydnor, Weiss	3:59.49	2/15/25	Susquehanna
6. Carson, Derkosh, Elwell, Sydnor	4:00.79	2/25/23	Bucknell
7. Madison, Long Forney, Ingold	4:01.86 (3:58.00)	2/27/16	Edinboro (PSAC)
8. Fry, Yanora, Zuver, Jennings	4:02.16	2/5/07	East Stroudsburg
9. Derkosh, Weiss, Hickey, Sydnor	4:02.54 (3:59.37)	2/15/25	Susquehanna
10. Madison, Meyer Mason, Naughton	4:04.05 (4:00.21)	2/24/13	Edinboro (PSAC)
4x800-Meter Relay			
1. Zuver, Hull, Thornton, Jennings	9:30.59	2007	East Stroudsburg
2. Meyer, Martin Long, Mauro	9:36.69	3/1/2014	Bucknell
3. Meyer, Richards, Mulvey, Martin	9:47.25 (9:38.97)	2/26/12	Edinboro (PSAC)
4. Black, Sullivan, Miller, Rijo-Cedeno	9:46.32	2/29/20	Edinboro (PSAC)
5. Zuver, Anderson, Francisco, Hull	9:52.05	2/28/09	East Stroudsburg (PSAC)
6. Long, Meyer Naughton, Fink	9:56.85 (9:48.44)	2/24/13	Edinboro (PSAC)
7. Madison, Long, Mauro, Daley	9:57.09 (9:48.60)	2/28/15	Edinboro (PSAC)
8. Sarah Mulvey, Meyer, Reuter, Blum	10:03.92 (9:55.41)	2/27/11	Edinboro (PSAC)

Distance Medley Relay (Under 13:00)			
1. Zuver, Yanora, Hull, Jennings	11:55.55	3/1/09	East Stroudsburg
2. Hull, Yanora, Zuver, Jennings	12:04.08	3/1/08	East Stroudsburg
3. Martin, Richards, Meyer, Anderson	12:25.48	1/27/12	Bucknell
4. Francisco, Yanora, Reuter, Anderson	12:26.56 (12:16.54)	1/28/11	Penn State
5. Mounce, LaBure Heilman, Pollock	12:36.39	1/31/25	Bucknell
6. Gentzel, Enstrom, Hackman, Heistand	12:45.98	2/1994	Southern Conn.
7. Meyer, Savage, Blum, Reuter	12:49.14 (12:38.82)	2/27/11	Edinboro
8. Pollock, Weiss, Solderitch, Janiuk	12:39.46	2/18/24	Lehigh (PSAC)
9. Janiuk, Sullivan, Fallows, Brennan	12:51.58	2/26/22	Edinboro (PSAC)
10. Blum, Sarah Mulvey, Savage, Meyer	12:56.88	1/28/11	Bucknell
Long Jump			
1. Chanel Hercules	5.56m, 18-3	2/19/24	Lehigh (PSAC)
2. Harlee Staller	5.51m, 18-1	12/2/11	Lehigh
3. Brianna Doherty	5.26m, 18-0 1/4	2/16/18	Susquehanna
4. Aubrey Bitner	5.48m, 17-11 3/4	2/19/24	Lehigh (PSAC)
4. Katherine Lennex	5.47m, 17-11.75	2/27/11	Edinboro (PSAC)
6. Kelli Caldwell	5.46m, 17-11	1996	-
7. Michele Frayne	5.45m, 17-10 1/2	2/4/07	East Stroudsburg
8. Kay Liebl	5.42m, 17-9 1/2	2/18/17	Susquehanna
9. Destinee Holloman	5.39m, 17-8 1/4	2/29/20	Edinboro (PSAC)
10. Joyce VanGinhoven	5.36m, 17-7	1983	-
Triple Jump			
1. Kelli Caldwell	11.84m , 38-10	1996	-
2. Katherine Lennex	11.54m, 37-10.5	2/26/12	Edinboro (PSAC)
3. Danika Bolinsky	11.46m, 37-7 1/4	2/3/24	Alvernia
4. Michele Frayne	11.21m, 36-9.5	2/10/07	Kutztown
5. Harlee Staller	11.17m, 36-7.75	2/4/12	168th Armory
6. Whitney Savoy	11.06m, 36-3.5	12/2/11	Lehigh
7. Joyce VanGinhoven	11.05m, 36-3	1983	-
8. Katy Alberici	11.01m, 36-1.5	1/27/17	Bison Open
9. Alexis Martin	10.94m, 35-10.75	3/1/04	East Stroudsburg (PSAC)
10. Chris Hein	10.81m, 35-5.5	1983	-
High Jump			
1. Ruth Smith	1.70m, 5-7	1988	-
2. Joyce VanGinhoven	1.68m, 5-6	1983	-
3. Chris Raymock	1.63m, 5-4	2/8/88	Delaware
4. Arianna Camel	1.62m, 5-3 3/4	1/24/14	Franklin & Marshall
5. Jess Rhyner	1.61m, 5-3 3/4	1/21/11	Lehigh
6. Juleann Benkoski	1.61m, 5-3 1/2	3/1/04	East Stroudsburg
7. Sabela Zablackis	1.57m, 5-1 3/4	3/1/25	Lehigh (PSAC)
8. Sandy Messner	1.57m, 5-1 1/2	1/28/89	Navy
9. Madison Stebila	1.55m, 5-1	2/19/23	Princeton
Michelle Frayne	1.55m, 5-1	1/24/07	Ursinus
Pole Vault			
1. Darian Hauf	4.02m, 13-2 1/4	1/31/25	Bucknell
2. Megan Malecki	3.75m, 12-3 1/2	2/21/25	Penn State
3. Erin Harman	3.57m, 11-8 1/2	1/26/18	Bucknell
4. Erin Winters	3.35m, 10-11 3/4	2/9/18	Staten Island, N.Y.

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5. Aubrey Bitner	3.15m, 10-4	2/10/24	Ocean Breeze
6. Caitlin Miller	3.05m, 10-0	2/14/20	Staten Island, N.Y.
Kim Stokes	3.05m, 10-0	2/13/10	Bucknell
Shannon Murphy	3.05m, 10-0	2005	-
9. Katherine Geating	3.00m, 9-10	2/22/15	Princeton
10. Emily Tooker	2.95m, 9-8	12/9/11	Lehigh
Pentathlon (Over 2,000 points)			
1. Joyce VanGinhoven	3,416 points *	1983	-
2. Michele Frayne	3,402 points	2/28/09	East Stroudsburg (PSAC)
3. Sabela Zablackis	3,234 points	3/1/24	Lehigh (PSAC)
4. Carol Forry	3,169 points	1988	-
5. Arianna Camel	3,150 points	2/24/18	Edinboro (PSAC)
6. Kaitlin Moyer	2,934 points	2/29/20	Edinboro (PSAC)
7. Lizanne McNally	2,925 points	1985	-
8. Mary Dietrich	2,870 points	3/1/04	East Stroudsburg (PSAC)
9. Jess Rhyner	2,788 points	12/4/10	Lehigh
10. Madie Tropp	2,744 points	2/4/17	Frank Colden Invit.
Shot Put			
1. Sunflower Greene	16.26m, 53-4 1/4	3/10/18	Pittsburg, Kan. (NCAA)
2. Aliyah Striver	14.99m, 49-2 1/4	2/23/20	Princeton
3. Hannah Woelffling	14.49m, 48-1 1/4	2/20/22	Princeton
4. Sarah Hessler	13.68m, 44-10 3/4	3/1/25	Lehigh (PSAC)
5. Amy Seir	13.37m, 43-10 1/2	1992	Kutztown
6. Deb Stump	13.06m, 42-10 1/4	1992	Delaware
7. Terri Kunsman	12.73m, 41-9	1990	Delaware
8. Maddy Downs	12.60m, 41-4 1/4	2/18/24	Lehigh (PSAC)
9. Madison Martin	12.45m, 40-10 1/4	2/14/20	Staten Island, N.Y.
10. Deja Loose	12.25m, 40-2 1/4	2/25/17	Edinboro (PSAC)
Weight Throw			
1. Sunflower Greene	19.77m, 64-10 1/2	1/18/19	Staten Island, N.Y.
2. Hannah Woelffling	18.21m, 59-9	2/20/22	Princeton
3. Aliyah Striver	17.60m, 57-9	2/20/22	Princeton
4. Madison Martin	17.23m, 56-6 1/2	12/7/19	Franklin & Marshall
5. Sarah Hessler	16.58m, 54-4 1/2	12/1/23	Bucknell
6. Vanessa Hower	15.58m, 51-1 1/2	2/27/16	Edinboro (PSAC)
7. Maddy Downs	15.43m, 50-7 1/2	3/1/24	Lehigh (PSAC)
8. Stephanie Garner	15.33m, 50-3 1/2	2/14/20	Staten Island, N.Y.
9. Amanda Myers	15.23m, 49-11 3/4	1/27/17	Bucknell
10. Seya Trujillo	14.72m, 48-3 1/2	2/19/24	Lehigh (PSAC)